PSJ3 Exhibit 54A

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             IN THE CIRCUIT COURT OF PUTNAM COUNTY
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                       WEST VIRGINIA
 2
     MICHAEL MC CALLISTER,
 3
     WILLIAM DUFFIELD, and
     WILLIAM PETE JONES, II, on behalf
     of themselves and all others
 4
     similarly situated,
 5
                   Plaintiffs,
 6
                              Civil Action No. 01-C-238
     VS.
 7
                              Date: August 27, 2004
     PURDUE PHARMA L.P., a Delaware
 8
     corporation, et al.,
                 Defendants.
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10
11
                DEPOSITION OF KATHLEEN FOLEY, M.D.
12
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         The deposition of Kathleen Foley, M.D. was
     taken on August 27, 2004, at the law offices of
14
     Chadbourne & Parke, LLP, 30 Rockefeller Plaza,
15
16
     New York, New York before Susan Wandzilak,
17
     Registered Professional Reporter and Notary
     Public in the State of Connecticut.
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STIPULATIONS 1 2. IS HEREBY STIPULATED AND AGREED by 3 and between counsel representing the parties that each party reserves the right to make specific 4 5 objections at the trial of the case to each and every question asked and of answers given 6 thereto by the deponent, reserving the right to 7 move to strike out where applicable, except as to 8 such objections as are directed to the form of 10 the question. 11 IT IS HEREBY STIPULATED AND AGREED by 12 and between counsel representing the respective 13 parties that proof of the official authority of the Notary Public before whom this deposition is 14 taken is waived. 15 IT IS FURTHER STIPULATED AND AGREED by 16 and between counsel representing the respective 17 parties that the reading and signing of the 18 deposition by the deponent is not waived. 19 20 IT IS FURTHER STIPULATED AND AGREED by and between counsel representing parties that all 21 defects, if any, as to the notice of the taking 22 of the deposition are waived. 23 24 Filing of the Notice of Deposition with

the original transcript is waived.

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Page 5 1 THE VIDEOGRAPHER: This is the videotape deposition of Kathleen Foley, M.D, taken in 2. the case of Michael McCallister, et al versus 3 Purdue Pharma filed in the Circuit Court, 4 5 August 27, 2004. The time on the videotape record is 8:11 a.m. 6 7 This deposition is being held at Chadbourne & Parke, LLP, 30 Rockefeller 8 Plaza, New York, New York. My name is 9 J.D. Martinez on behalf of Hamilton 10 11 Communications of 60 Pine Lake Road, Westbrook, Connecticut. 12 13 Would everyone please introduce 14 yourselves for the record. 15 MR. COLANTONIO: Mark Colantonio representing plaintiffs. 16 MR. HOFFMANN: William Hoffmann 17 18 representing the Purdue defendants. 19 MS. LYONS: Ramonda Lyons representing 2.0 the Purdue defendants. 21 Paul Farrell representing MR. FARRELL: Dr. Adams and Dr. Toothman. 22 2.3 MS. DOBBINS: Stephanie Dobbins 24 representing the Abbott Laboratories defendants. 25

Page 6 1 KATHLEEN FOLEY, M.D., Having been first duly sworn, testified as 2. follows: 3 DIRECT EXAMINATION 4 BY MR. COLANTONIO: 5 Can I have your full name and address 6 0. for the record. 7 Kathleen M. Foley, Good morning. 10 0. 11 Α. Good morning. Are you currently employed or are you 12 Ο. 13 self employed? 14 I am currently employed. 15 Employed by whom? Ο. Α. By Memorial Sloane-Kettering Cancer 16 17 Center. And, what is your position there? 18 Ο. I am an attending neurologist in the 19 Department of Neurology. 20 You are actually employed by the 21 22 hospital itself? 2.3 That is correct. 24 Have you ever been employed by any of 25 the Purdue pharmaceutical companies?

- 1 A. No, never.
- 2 Q. Have you ever been employed by any
- 3 pharmaceutical company in any capacity?
- 4 A. No, I have not.
- 5 Q. Have you ever testified by way of
- 6 deposition or trial testimony prior to today?
- 7 A. I think I did and I can't remember the
- 8 exact details. It was in the eighties and it was
- 9 a case related to the drug hydromorphone and a
- 10 discussion of whether it should be available for
- 11 any company to make. But I don't, you know, I
- 12 don't remember all the details of it. I am not
- 13 sure if it was a deposition or just I appeared in
- 14 court once. And that's all that I can say about
- 15 it.
- 16 Q. And, that was back in the eighties?
- 17 A. It was in the eighties, yeah.
- 18 Q. Since that time, you can't recall any
- 19 time when you have actually testified in court or
- 20 in deposition for any reason?
- 21 A. No.
- Q. Have you ever been provided any monetary
- 23 grants or funding from any drug company to do
- 24 research work or any other work?
- 25 A. Yes, I have. I have been on the

- 1 speakers bureaus of various drug companies over
- 2 the years including Purdue and Abbott and Noel
- 3 and Janssen. And I have -- I have not directly
- 4 received grants from these companies but my
- 5 institution has.
- 6 Q. Sloan-Kettering?
- 7 A. Yes.
- 8 Q. And, can you give me an idea of some of
- 9 the types of grants Sloan-Kettering might receive
- 10 from drug companies?
- 11 A. In the, again, in the early eighties, we
- 12 were involved in extending a slow release
- 13 morphine preparation. Subsequent to that, I have
- 14 not been involved in studying any of their drugs
- 15 so I have not received them.
- 16 Q. You say in the early eighties there was
- 17 some involvement with slow release morphine?
- 18 A. Right.
- 19 O. And, tell me more about that?
- 20 A. The -- our particular analgesic group is
- 21 well-known for studying opiate analgesics and we
- 22 care for a large number of patients with pain and
- 23 cancer. And we had a large national cancer
- 24 institute grant to study these drugs. And so
- 25 within that framework of a large study group, we

- 1 did study the oral morphine preparation MS Contin
- 2 but we did not simply study it for Purdue. We
- 3 studied it for a variety of other companies.
- 4 Q. But, the study was limited to MS Contin?
- 5 A. It was limited to slow release or
- 6 morphine preparation.
- 7 Q. You mentioned MS Contin, was there
- 8 another?
- 9 A. Yes, there was a product that Roxanne
- 10 also had.
- 11 Q. And, was that study published?
- 12 A. Parts of it were published.
- Q. When was it published?
- 14 A. I would have to specifically look at it.
- 15 Q. But, it would be in the eighties, is
- 16 that correct?
- 17 A. In the eighties, yeah.
- 18 Q. Any others that you can recall, besides
- 19 that?
- A. No. No other studies, no.
- 21 Q. The speaker bureaus you mentioned, you
- 22 mentioned speaking for Purdue, Abbott, Noel and
- 23 Janssen?
- 24 A. Um-uh.
- 25 Q. Is that something that occurred in the

- 1 eighties and the nineties or eighties --
- 2 A. Yes, both. I would say in the eighties
- 3 and nineties. It no longer exists so it is not
- 4 an issue and it predominantly was speaking at
- 5 medical grand rounds where the grand rounds,
- 6 people were given the money, I wasn't. Then they
- 7 paid me whatever they paid me.
- Q. Let's talk about Purdue, specifically.
- 9 Have you ever given any talks to Purdue
- 10 employees, for example?
- 11 A. I think probably, again, in the eighties
- 12 that would have related to oral morphine perhaps
- 13 once.
- 14 Q. And, do you recall how many talks that
- 15 would be or a time frame?
- 16 A. Oh, perhaps one.
- 17 Q. And, was that something where you would
- 18 speak about something like MS Contin or --
- 19 A. No, in fact it was speaking about cancer
- 20 pain in general.
- 21 Q. And, in your, I reviewed your resume,
- 22 your curriculum vitae, and is it true that your
- 23 primary practice has been devoted towards the
- 24 treatment of cancer and cancer related pain?
- 25 A. I think -- I think it's better

- 1 characterized by the use of opioids in pain
- 2 management of which the cancer patient has been
- 3 the predominant patient.
- 4 Q. But, your predominant work has been
- 5 treating, using opioids in the management of
- 6 cancer pain; true?
- 7 A. The majority of our patients have had
- 8 cancer pain.
- 9 Q. Do you currently treat patients who have
- 10 non-cancer pain?
- 11 A. Yes, I do.
- 12 Q. And, what part of the practice of that
- is yours now?
- 14 A. Again, it is quite variable. In the
- 15 beginning, when I first started in the 1970s and
- 16 80s, I would say perhaps half of our patient
- 17 population had non-cancer related pain. At the
- 18 present time, I still follow many of those
- 19 patients but probably it's maybe about 30 percent
- 20 of our patient population have non-cancer pain.
- 21 Q. Do you treat things like back pain?
- 22 A. Yes.
- Q. Non-cancer back pain?
- 24 A. Um-uh.
- 25 Q. How about non-cancer arthritis pain?

- 1 A. Yes.
- Q. Non-cancer muscular skeletal pain?
- 3 A. Right.
- 4 Q. Broken bones, pain related to that?
- 5 A. Usually not. But, I think, again, it's
- 6 important to recognize that because cancer
- 7 patients are living longer and longer, they have
- 8 a variety of chronic pain syndromes that are not
- 9 directly related to their cancer. But because
- 10 they are cared for in a cancer center, we see
- 11 them. So we are seeing a larger number of those
- 12 survivors who have these other disorders.
- 13 Q. But, with you seeing these patients
- 14 related to or in connection with you seeing them
- 15 for cancer pain as opposed to having a practice
- 16 where people come in for back pain, solely back
- 17 pain as opposed to cancer pain?
- 18 A. I am trying to make the distinction that
- 19 cancer patients have pain other than cancer. So
- 20 in the cancer center, the pain clinic is seeing a
- 21 much more broader -- initially it was a smaller
- 22 percentage and now it is a much broader
- 23 percentage.
- 24 Q. Maybe it's a distinction without a
- 25 distinction but I am trying to understand whether

- 1 somebody would -- I presume most people go to
- 2 Sloan-Kettering to see your group primarily for
- 3 cancer related issues; is that correct?
- 4 A. That's true, right.
- 5 Q. And, those patients may have other
- 6 issues in their life besides cancer caused pain?
- 7 A. Right.
- 8 Q. Maybe they have had a long standing
- 9 problem with a back or whatever and you might
- 10 treat them for that as well; is that true?
- 11 A. That is correct, yes.
- 12 Q. As opposed to for somebody who might
- 13 come in for back pain who doesn't have cancer?
- 14 A. That is correct, sure.
- 15 Q. Have you ever given talks to Purdue
- 16 employees about OxyContin?
- 17 A. No, I have not.
- 18 Q. Have you ever given any talks at all,
- 19 lectures, seminars, ever appeared anywhere
- 20 concerning the drug OxyContin?
- 21 A. No, I have not.
- 22 Q. You do have privileges at New York
- 23 Hospital; is that correct?
- A. That's correct.
- Q. Are those active staff privileges?

- 1 A. Yeah.
- Q. And Manhattan Eye & Ear Hospital, are
- 3 those active staff privileges?
- 4 A. No longer, no.
- 5 Q. Do you have any staff privileges there
- 6 at Eye & ear?
- 7 A. No.
- 8 Q. How about Rockefeller University?
- 9 A. No, not at the present time.
- 10 Q. How about Calvary?
- 11 A. Not at the present time. We have a
- 12 fellowship rotation but we are not required --
- Q. So, primarily, right now -- well, in
- 14 fact, the two hospitals you have staff
- 15 privileges, active staff privileges, would be
- 16 Sloan-Kettering and New York Hospital; is that
- 17 correct?
- 18 A. That is correct, um-uh.
- 19 Q. Just as an aside, when we take this
- 20 deposition, if you could let me finish my
- 21 question before you start to answer. And I will
- 22 try to let you finish your answer before I ask my
- 23 next question so that the transcription will come
- 24 out better.
- 25 A. It will be faster.

- 1 Q. I noticed in your CV, you had for 1988
- 2 to 1992, Bristol Meyers unrestricted grant
- 3 program for pain research?
- 4 A. Right.
- 5 Q. Is that what you were referring to
- 6 before or is that something else?
- 7 A. It was a grant from a pharmaceutical
- 8 company. It was an unrestricted grant.
- 9 Q. And, what was that grant given for?
- 10 A. It was one of the awards that Bristol
- 11 Meyers gives out for pain research and they
- 12 typically would give out five a year over about a
- 13 five or seven year period. And so we were chosen
- 14 as one of the recipients of it. And it was for
- 15 \$50,000 a year for five years that we could do
- 16 with as we wished to support any aspect of our
- 17 pain research.
- 18 Q. I also noticed you served on a committee
- 19 of the National Institute on Drug Abuse and that
- was from 1986 to 1988; do you recall that?
- 21 A. Yes, I do.
- 22 Q. And, you served on the committee of
- 23 problems of drug dependence; do you remember
- 24 that?
- 25 A. Yeah, the committee of problems of drug

- 1 dependence is an association that focuses on the
- 2 pharmacology of opioid drugs.
- 3 Q. Does it deal with issues of drug
- 4 addiction?
- A. It deals with drug use and drug misuse.
- 6 Q. Maybe that answered my question, maybe
- 7 it didn't, I don't know. I mean, it says here
- 8 committee of problems on drug dependence. What
- 9 does -- in the context of that committee, what
- 10 does drug dependence mean?
- 11 A. Well, the -- well, I said drug use and
- 12 misuse. And so what I mean, the whole gamut of
- 13 the appropriate use of drugs and the
- 14 inappropriate use of drugs and drug addiction
- 15 would be included in that.
- 16 Q. So, in the context of this Committee on
- 17 Problems of Drug Dependence, the word drug
- 18 dependence in that context would include drug
- 19 addiction?
- 20 A. Yes, it will. Yes.
- 21 Q. And we are going to talk about this a
- 22 little bit but do you believe there is some
- 23 potential confusion and commingling of terms like
- 24 addiction, dependence, abuse in terms of drug
- 25 use?

- 1 A. Could you repeat the question?
- Q. Sure. We will talk about this a little
- 3 bit later, but generally do you believe that in
- 4 the treatment of pain that there is often
- 5 confusion among physicians and patients,
- 6 definitional confusion, with the terms drug
- 7 addiction, drug dependence, drug abuse?
- 8 A. I do.
- 9 Q. And that's still true today; is that
- 10 correct?
- 11 A. Yes.
- 12 Q. What was it -- in terms of drug
- 13 addiction, what was it this Committee on Problems
- 14 of Drug Dependence studied or did?
- 15 A. I think what I am attempting to say is
- 16 that it's called a committee but it is really an
- 17 association.
- 18 Q. Okay.
- 19 A. So, it has an annual meeting. Papers
- 20 are proffered at that annual meeting. It has
- 21 annual discussions. It is not --
- 22 Q. Everybody goes to dinner and exchanges
- 23 information and --
- 24 A. It's usually not dinner but clearly
- 25 everybody meets for several days and it's an

- 1 academic -- it's an academic society at this
- 2 point in time. So it is still called by this
- 3 name committee.
- 4 Q. But, there was no actual research done
- 5 by that committee or reporting by that committee,
- 6 it was more of an exchange of information?
- 7 A. It was an exchange of information.
- 8 Q. Was it a committee that would come up
- 9 with any kind of conclusions after the exchange
- 10 of information or was it merely just an exchange
- 11 of information?
- 12 A. Again, it's -- it's a meeting of a group
- of individuals who have an interest in studying
- 14 these drugs. So the language of committee, it
- 15 doesn't have a task to issue conclusions. That's
- 16 not the purpose of it. It is a society at this
- 17 point in time. You pay membership dues. You
- 18 participate in the meetings and it does issue
- 19 reports.
- 20 Q. That was my -- that was the intent of my
- 21 question. When you say it issues reports, what
- 22 type of reports would it issue?
- 23 A. I don't think I fully know that because
- 24 I have only been involved with one report that is
- 25 issued, so --

- 1 Q. I am sorry, one report?
- 2 A. Yes.
- 3 Q. What report was that?
- 4 A. This is an issue that was to focus on
- 5 the use and abuse of opioid analgesics.
- 6 Q. And, when was that report issued?
- 7 A. I forget. In the last two years or so.
- 8 Q. You say within --
- 9 A. It's on my CV. I would have to look at
- 10 the exact date.
- 11 Q. And, that's 2002 to 2004?
- 12 A. Yeah, I don't remember the exact date of
- 13 it.
- 14 Q. I am just asking you, like when you say
- 15 the last two years, you meant the last two years
- 16 prior to today?
- 17 A. I would have to look at my CV because --
- 18 I mean, I am glad to give you the exact date.
- 19 Q. Let me give you a copy of your CV.
- 20 A. Okay, great. Thanks.
- 21 Q. Take a look at that and take a copy
- 22 there.
- A. Well, I wouldn't say this is -- well,
- 24 this is not my updated CV, I quess.
- 25 Q. There was something I believe in the

- 1 back that said in press and there was maybe three
- 2 or four different things, although I think that
- 3 related to your own materials. I don't know if
- 4 that -- here, the last page has --
- 5 A. Well, it's someplace after 2001 so this
- 6 is not my updated CV.
- 7 MS. LYONS: Is your updated CV over
- 8 here?
- 9 MR. COLANTONIO: That's fine, we can
- 10 work through it.
- 11 BY MR. COLANTONIO:
- 12 O. You recall sometime after 2001 there was
- 13 a report issued --
- 14 A. Right.
- 15 Q. -- by the National Institute on Drug
- 16 Abuse?
- 17 A. No, it is not the national. No, it was
- 18 the Committee on Problems of Drug Dependence.
- 19 Q. And, you were involved in that?
- 20 A. Correct.
- 21 Q. And, what was your involvement?
- 22 A. I was one of the task force members.
- Q. And, do you recall what the findings of
- 24 that particular report were?
- 25 A. Yeah, but I would need the report to

- 1 tell you the findings.
- 2 Q. Sure. You also have worked with the
- 3 World Health Organization, I see?
- 4 A. That is correct.
- 5 Q. That's also known as WHO, W-H-O?
- 6 A. That is correct.
- 7 Q. And, we have seen that W-H-O or WHO had
- 8 developed a step ladder approach to the treatment
- 9 of cancer pain. Do you recall that?
- 10 A. Yes, I was the chair of the committee
- 11 that developed the WHO analgesic ladder.
- 12 Q. And, it has step one, step two and step
- 13 three, is that --
- 14 A. That is correct.
- 15 Q. Is that still used today?
- 16 A. The WHO ladder was initially developed
- in quidelines in 1982 and then field tested from
- 18 about 1984 to '86 and then put forth as
- 19 quidelines in 1986. And it has now been expanded
- 20 to focus not only on cancer pain but on patients
- 21 with chronic non-malignant pain, patients with
- 22 AIDS pain, pain care for children and pain for
- 23 the elderly.
- So, the WHO has robustly expanded the
- 25 importance of this three step analgesic ladder.

- 1 Q. So, as far as non-cancer pain, it has
- 2 been expanded to include chronic non-malignant
- 3 pain?
- 4 A. That is correct.
- 5 Q. And, what is meant by the word chronic?
- 6 A. The International Association for the
- 7 Study of Pain has defined chronic pain as pain
- 8 lasting greater than three months.
- 9 Q. And, do you use that definition of
- 10 chronic in your practice?
- 11 A. I think using the IASP terminology is
- 12 important so then it makes sure that everybody
- 13 agrees that we are talking about the same kind of
- 14 pain. However, not everyone follows that
- 15 terminology.
- 16 Q. But, as far as those in the know, in the
- 17 treatment of cancer pain or --
- 18 A. Well, this is for all types of pain.
- 19 This is unrelated to cancer pain.
- 20 Q. So, as far as those in the know in the
- 21 treatment of pain, chronic, the accepted
- 22 definition of chronic is more than three months?
- MR. HOFFMANN: I object to the form of
- the question.
- 25 BY MR. COLANTONIO:

- 1 Q. Do you understand my question?
- MR. HOFFMANN: You can answer it, if
- you're able to.
- 4 THE WITNESS: Could you ask me the
- 5 question again?
- 6 BY MR. COLANTONIO:
- 7 Q. Sure. Is it true that the accepted
- 8 definition of chronic pain in the pain management
- 9 field, as far as you are aware, is greater than
- 10 three months?
- 11 A. Well, the IASP terminology says three
- 12 months but people use six months, people use nine
- months.
- 14 Q. But it's something greater than three
- 15 months, generally accepted; is that right?
- 16 A. The IASP terminology is three months.
- 17 Q. And, that's the definitional time frame
- 18 that you would use in your practice of treatment
- 19 of pain for the term chronic?
- 20 A. Yes.
- 21 Q. The WHO step ladder, I have seen a
- 22 couple of different I quess charts with this?
- 23 A. Right.
- Q. It has a little step ladder and it has
- 25 step one and then step two and step three. And,

- 1 step one is what type of pain? Is that --
- 2 A. Step one is for mild pain.
- 3 Q. And, is step two mild to moderate?
- 4 A. And then step two is moderate pain.
- 5 Q. And, step three?
- 6 A. Is severe pain.
- 7 Q. Now, I have seen different step ladders
- 8 that have step two being mild to moderate. Is
- 9 that an accurate way of portraying it?
- 10 A. Well, I think the -- any of the kinds of
- 11 schematics that you have seen always try to over
- 12 simplify the issue. So, the step one is thought
- 13 to be for patients with mild to moderate pain.
- 14 Step two is for patients with the end of mild to
- 15 moderate to severe and then severe at the end.
- And so the difficulties, we have chosen
- 17 and used those three words in focusing on that
- 18 and the principle of the ladder is that one would
- 19 treat pain based on the intensity of the pain.
- 20 So if a patient has mild pain, you would use a
- 21 certain class of drugs. If they had moderate
- 22 pain, you would use another class of drugs. And
- 23 if they had severe pain, you would use a third
- 24 class of drugs.
- 25 Q. And, for mild pain, what class of drugs

- 1 would you use?
- 2 A. Typically, it has been the non-opioid
- 3 analgesics.
- 4 Q. So, as far as the WHO step ladder is
- 5 concerned, the WHO step ladder does not advocate
- 6 using opioid medication for mild pain; is that
- 7 fair?
- 8 A. Again, the ladder is very flexible
- 9 because it identifies that there may be some
- 10 patients who are just unable to take a non-opioid
- and who might require taking a what we would call
- 12 a weak opioid.
- Q. What is a weak opioid?
- A. Well, the classes of drugs that the WHO
- 15 defined as weak opioids were codeine,
- 16 hydrocodone, oxycodone, tramadol and those are
- 17 what are listed now on the essential drug list.
- 18 Q. As far as oxycodone, would that be
- 19 oxycodone in combination with an aspirin product?
- 20 A. No, the WHO made a very strong statement
- 21 that it was addressing specifically the opioid
- 22 and not a combination drug.
- Q. So, if I see a step ladder that has step
- two being mild to moderate, you don't think
- 25 that's an accurate portrayal of the step two?

- 1 A. Can you --
- Q. Sure. If I see a picture of the WHO
- 3 step ladder and it has step two --
- 4 A. Um-uh.
- 5 Q. -- at the beginning including mild, at
- 6 the end including moderate pain, so step two is
- 7 portrayed as including mild to moderate pain,
- 8 would that be an inaccurate way of portraying it?
- 9 A. No, I don't think it would be. I mean,
- 10 I would have to see it to answer the question. I
- 11 don't know even seeing it would help me. I think
- 12 the point I am making is there is this
- 13 continuum. There are patients who could report
- 14 mild pain but could report it as a four. There
- 15 are patients that have moderate pain that might
- 16 report it as a four. So, because of this
- 17 overlapping aspect, the ladder was thought to be
- 18 a flexible approach and that you needed really to
- 19 individualize the treatment of patients.
- 20 And, so, therefore, I would be somewhat
- 21 -- how people have demonstrated the ladder is not
- 22 how we thought it should be used and how we
- 23 described it.
- Q. Pain is subjective, of course; is that
- 25 correct?

- 1 A. It's a subjective experience, right.
- 2 Q. And, often difficult for physicians to
- 3 assess in terms of the quantity of pain; is that
- 4 correct?
- 5 A. Well, again, we ask physicians to
- 6 believe the patient's pain and then to do a very
- 7 thorough assessment so that they can try to
- 8 assess the intensity of the pain and the impact
- 9 of the pain on the patient and the patient's
- 10 functional status and try to use all of that. So
- 11 simply a report of pain isn't enough for the
- 12 doctor to be able to make a decision about the
- 13 patient.
- 14 Q. You indicated that physicians should do
- 15 individual assessments. That's true in every
- 16 type of physician patient treatment, physicians
- 17 must evaluate their patients on an individual
- 18 basis; correct?
- 19 A. That is correct.
- 20 Q. And, that would be true for every
- 21 medication that a physician ever writes for a
- 22 patient, they should evaluate the appropriateness
- 23 of that medication for that particular patient;
- 24 true?
- 25 A. Well, I think -- yes, that's true.

- 1 Q. Now, in your bibliography here, I
- 2 noticed that you have written quite a few
- 3 articles with Dr. Kaiko; is that correct?
- 4 A. Dr. Kaiko, um-uh.
- 5 Q. And, Dr. Kaiko, is that the same
- 6 Dr. Kaiko that works for Purdue?
- 7 A. Right, that was before he went to
- 8 Purdue.
- 9 Q. And, was he at Sloan-Kettering at that
- 10 time when you worked with him on these pictures?
- 11 A. When I came to Memorial, Dr. Kaiko was
- 12 already there.
- Q. And, do you still -- you know of
- 14 Dr. Kaiko; correct?
- 15 A. I know Dr. Kaiko.
- 16 Q. Do you still maintain contact with
- 17 Dr. Kaiko?
- 18 A. Not that frequently.
- 19 Q. Have you ever gone out socially with
- 20 Dr. Kaiko, let's say, in the last five years?
- 21 A. No, I haven't.
- 22 Q. You do on occasion maintain professional
- 23 contact with Dr. Kaiko?
- 24 A. Yes, I do.
- Q. And, what's the reasoning for that or

- 1 what is the --
- 2 A. Well, about a year ago he came to our
- 3 conference that we had on opioid analgesics. So
- 4 that would be about the last time I saw him.
- 5 Q. Have you maintained any other
- 6 professional contacts with any other people that
- 7 work at Purdue, let's say, in the last five
- 8 years?
- 9 A. Could you tell me what you mean by that?
- 10 Q. Sure. Well, I mean, have you ever had
- 11 meetings with or spoken to people from Purdue and
- 12 that's for any reason in the last five years.
- 13 You have indicated that Dr. Kaiko might have seen
- 14 you at a meeting and you might have --
- 15 A. Right, and I would see other people from
- 16 Purdue at various meetings.
- 17 Q. How was it that you became involved in
- 18 this particular case, did somebody contact you
- 19 and ask you?
- 20 A. Yes, I am not sure who contacted me. I
- 21 know that the lawyers called me up and asked me
- 22 do this. So that's what I remember and I don't
- 23 specifically remember who asked, who the person
- 24 was that asked me first or --
- Q. And, when you say do this, you mean --

- 1 A. To participate in this case, sorry.
- Q. And, what was your assignment; do you
- 3 recall that?
- 4 A. I am sorry?
- 5 Q. Do you recall what your assignment was,
- 6 your assignment was, what they told you they
- 7 wanted you to do?
- 8 A. I need my piece of paper. That's what I
- 9 said I would do -- was to be an expert witness, I
- 10 am sorry.
- 11 Q. I want to show you an article here.
- 12 Take a look at that. I think that's something
- 13 that you authored in 1985. Do you recall that?
- 14 A. Yes, I do, um-uh.
- 15 Q. Now, you won't know this but in this
- 16 case, there were documents produced by Purdue and
- 17 I believe that came from you; is that correct,
- 18 the source?
- 19 MS. LYONS: Yes.
- 20 BY MR. COLANTONIO:
- 21 O. The bottom of this article has these
- 22 numbers on it. Do you see the bottom right, they
- 23 are called Bates numbers. Do you know what that
- 24 is?
- 25 A. No, I don't. I have seen --

- 1 Q. It just has numbers. Do you see the
- 2 numbers?
- 3 A. I see the numbers there, yeah.
- 4 Q. And, I think if you look at this, the
- 5 top of this says opioid studies written by Purdue
- 6 employees and then I believe where the source is
- 7 Susan Nick?
- 8 MS. LYONS: Yes, I see.
- 9 MR. COLANTONIO: These Bates numbers
- 10 correspond on this article to that.
- 11 BY MR. COLANTONIO:
- 12 Q. Do you know a Susan Nick?
- MR. HOFFMANN: Just, the Bates numbers
- don't correspond precisely. The end Bates
- number is two numbers higher on the source
- log that you handed me than on the --
- MR. COLANTONIO: What is your last Bates
- 18 number?
- MR. HOFFMANN: On 47.
- 20 MS. LYONS: On the article is 47.
- MR. HOFFMANN: Rather than 49.
- MR. COLANTONIO: I have 49 including the
- 23 --
- MS. LYONS: The copy you gave us doesn't
- 25 --

- 1 MR. HOFFMANN: What is your last --
- 2 MR. COLANTONIO: My last page is 49 on
- 3 the footnotes.
- 4 MR. HOFFMANN: Well, you only included
- 5 the first page. You didn't include all the
- 6 pages of the footnotes in the copy you gave
- 7 us.
- 8 MR. COLANTONIO: I apologize for that.
- 9 Why don't you take a look at mine. Without
- 10 the source log, I think --
- MR. HOFFMANN: Yes, the Bates numbers
- do in fact correspond with the second copy
- that you handed me.
- 14 BY MR. COLANTONIO:
- 15 Q. Okay, well, let me show you this
- 16 document and I know you have never seen this
- 17 before but that is a log, a source log, of
- 18 materials produced by Purdue in this case. And
- 19 at the top, it says their accounts, their source
- 20 log, opiate studies written by Purdue employees.
- 21 Do you see that?
- 22 A. I see that.
- 23 Q. And, then down, there is a source that
- 24 says Nick, Susan, do you see that?
- 25 A. I see that.

- 1 Q. And, to the left of that, there is a
- 2 Bates, begin Bates and end Bates; do you see
- 3 those numbers?
- 4 A. I see those numbers.
- 5 Q. Can you compare those begin and end
- 6 numbers to the numbers on the article that I
- 7 handed you?
- 8 A. Yes.
- 9 Q. And, does it appear that those numbers
- 10 coincide with that?
- 11 A. Yes, those numbers coincide with -- no,
- 12 that says 49 and that says 47.
- MR. HOFFMANN: With the exception that I
- stated on the record, that two of the pages
- of the footnotes are missing from the copy
- that you have handed the witnesses -- the
- 17 witness.
- 18 BY MR. COLANTONIO:
- 19 Q. And, you have indicated you don't know a
- 20 Susan Nick; is that correct?
- 21 A. No, I don't know a Susan Nick.
- 22 Q. And, you have testified you have never
- 23 been an employee of Purdue, is that correct?
- 24 A. I have never been an employee of it.
- 25 Q. But, you did author this article; is

- 1 that true?
- 2 A. I wrote this article by myself and I
- 3 have never heard or seen it.
- 4 Q. These are your words in this article?
- 5 A. These are all my words. These were
- 6 never seen by any external writer. I find this
- 7 very insulting, I want you to know. I mean, this
- 8 is like an out-and-out lie. So, I am very
- 9 bothered by that.
- 10 MR. HOFFMANN: It's possible -- of
- 11 course, there are a number of possibilities.
- 12 One is the document was misfiled and came
- from an inappropriate file. But obviously --
- 14 THE WITNESS: I mean, that is so
- 15 serious.
- 16 MR. HOFFMANN: Let me finish. Obviously
- to the extent that the implication of your
- 18 question might be this document was authored
- by someone at Purdue rather than the witness,
- I think the witness's testimony on that point
- 21 is clear. And we all know that when we deal
- 22 with cases with thousands and thousands of
- documents, occasionally documents are
- 24 misfiled or they are mis-labeled concerning
- 25 the file that they originate from.

Page 35 1 MR. COLANTONIO: And that's fine. Ι 2. mean, look, I didn't ask the question to try 3 to upset you in any way. You have to 4 understand that what happens in these cases 5 is I get materials from Purdue and that's what it says. And I am merely asking a 6 7 question trying to clarify it. THE WITNESS: I understand. 8 9 MR. COLANTONIO: So, there is no -- I 10 mean, I am not trying to mislead you in any I was produced materials that had that 11 way. 12 source log which we didn't prepare and it had 13 that information on it. So I am merely asking the question to clarify it and I think 14 15 you have clarified it, okay. THE WITNESS: All right; and, I have a 16 series of people who would be glad to clarify 17 it for you. 18 19 MR. COLANTONIO: And, I am sure you do 20 but I just want you to understand that I am 21 just asking the question to try to clarify the issue, that's all. And that was produced 22 2.3 to me. 24 THE WITNESS: Okay.

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MR. HOFFMANN: And I will state on the

25

- 1 record that I will ask our people who produce
- 2 documents to go back and check and determine
- 3 what the source of the error on the source
- 4 log was --
- 5 THE WITNESS: Thank you.
- 6 MR. HOFFMANN: -- and provide you with
- 7 that information.
- 8 BY MR. COLANTONIO:
- 9 Q. Getting back to the question, which was
- 10 this is your article?
- 11 A. That is correct.
- 12 Q. And, the title of the article is,
- 13 medical progress, the treatment of cancer pain;
- 14 is that correct?
- 15 A. That is correct.
- 16 Q. And, this was published in the New
- 17 England Journal of Medicine in July of 1985; is
- 18 that true?
- 19 A. That is correct.
- Q. And, do you recall this particular
- 21 article, writing it and --
- 22 A. I recall it in great detail.
- Q. And, do you believe that the information
- 24 and your thought process and your thoughts in
- 25 this article are as true today as they were back

- 1 in 1985?
- 2 A. I think there has been an evolution of
- 3 what we know. So I think it was the state-of-
- 4 the-art for 1985.
- 5 Q. And, we will go through that. Are there
- 6 some things in here that you believed in 1985
- 7 that you don't believe are true today?
- 8 A. I would have to go practically line by
- 9 line to answer that question.
- 10 Q. Let's do some of that in here. If you
- 11 go to the second page -- well, it's page,
- 12 actually page 85 of the article.
- 13 A. Okay.
- Q. It's in the top right, do you see that?
- 15 A. Right.
- 16 Q. There is a part of this article that
- 17 says types of pain?
- 18 A. That's right.
- 19 Q. And, I think you have indicated this
- 20 article was written for cancer pain, is that
- 21 correct?
- 22 A. It's called the treatment of cancer
- 23 pain.
- Q. But, you do make some statements that
- 25 apply to the treatment of pain in general in this

- 1 article; is that true?
- 2 A. That is correct.
- 3 Q. Now, on types of pain, on the first
- 4 column, if you look down, the first paragraph for
- 5 types of pain --
- 6 A. Um-uh.
- 7 Q. And we talked about this very briefly
- 8 before. It says here pain is a subjective
- 9 experience, and you agree with that statement?
- 10 A. That is correct.
- 11 Q. And, that's as true today as it was in
- 12 1985; right?
- 13 A. Yes, um-uh.
- 14 Q. And, it says here evaluation of it is
- 15 difficult?
- MR. HOFFMANN: I am sorry, you are on
- the first column on page 85?
- 18 MR. COLANTONIO: Yes, right here
- 19 (indicating).
- MR. HOFFMANN: Because pain is a
- subjective experience, evaluation is
- 22 difficult, all right.
- 23 BY MR. COLANTONIO:
- Q. Do you see that?
- A. Yes, I do, um-uh.

- 1 Q. And, do you agree that that is as true
- 2 today as it was in 1985?
- A. No, things are much better now.
- 4 Q. Well, which part of it do you think is
- 5 different now than --
- A. Well, pain remains a subjective
- 7 experience but the evaluation of it is much more
- 8 sophisticated.
- 9 Q. Evaluation of pain is much more
- 10 sophisticated by physicians in general or by
- 11 specialists or by --
- 12 A. By physicians in general because they
- 13 have now available a wide variety of techniques
- 14 that they didn't have at that time. In 1985,
- 15 they didn't have MRI scans. In 1985, they didn't
- 16 have sophisticated qualitative sensory testing
- 17 devices. In 1985, they didn't have PET scans. I
- 18 mean, there is some technological advances that
- 19 have really influenced how one evaluates the
- 20 patient.
- 21 Q. But, those technological advances you
- 22 are talking about are ways physicians can
- 23 objectively verify a complaint of pain; is that
- 24 correct?
- 25 A. Yes, but that's the necessary step to

- 1 treating the pain.
- 2 Q. That's treating the cause of the pain;
- 3 true?
- 4 A. Treating the pain as well, because often
- 5 treating the cause treats the pain.
- 6 Q. But, there are sometimes when you can
- 7 treat the cause of the pain and the pain doesn't
- 8 go away for a patient?
- 9 A. That's true.
- 10 Q. But, as far as verifying a patient's
- 11 subjective complaint of pain, do you agree that
- 12 that's still today sometimes a difficult task for
- 13 physicians?
- 14 A. It can be a difficult task.
- 15 Q. Especially for physicians such as
- 16 primary care physicians who may not be pain
- 17 specialists?
- 18 A. Again, since the whole development of
- 19 sort of the progression of evaluating pain where
- 20 physicians are in a much better position now to
- 21 evaluate pain because they are being increasingly
- 22 more educated about how to assess pain.
- So that in 1985, the Academy of Family
- 24 Physicians didn't address pain issues. 2004, the
- 25 Academy of Family Physicians has written

- 1 educational materials for how physicians should
- 2 assess pain. So, it's really a much better world
- 3 that we are in now than we were then.
- 4 Q. And, I think you have included some of
- 5 those materials and you brought some of those
- 6 today, is that correct? There are a few articles
- 7 from --
- 8 A. There is a -- their web site has a lot
- 9 of material that they have.
- 10 Q. Written in the last couple of years?
- 11 A. In the last couple of years, yeah.
- 12 Q. And, it says here, the patient -- the
- 13 next sentence down, the patient and physician are
- 14 best served if the physician believes the
- 15 patient's report?
- 16 A. That is correct.
- 17 Q. And that's as true today as it was in
- 18 1985?
- 19 A. Absolutely.
- Q. Now, the next paragraph down, you sort
- 21 of define acute pain and chronic pain. And you
- 22 say that chronic pain is pain that persists
- 23 longer than six months --
- 24 A. Right.
- 25 Q. -- in which adaptation of the autonomic

- 1 nervous system occurs. That's a little different
- 2 than the definition you gave before of three
- 3 months.
- 4 A. That's correct because the --
- 5 MR. HOFFMANN: Wait a minute, I want to
- 6 object to the form of the question just
- 7 because you misread one word. I think you
- 8 misread autonomic, but I could be mistaken.
- 9 MR. COLANTONIO: If I misspoke, I didn't
- 10 mean to leave that word out. I thought I
- said it but let's read it again so we are
- 12 sure.
- 13 THE WITNESS: Okay.
- 14 BY MR. COLANTONIO:
- 15 Q. It says here, in contrast chronic pain
- 16 is pain that exists longer than six months -- and
- 17 that's really the phrase I am focusing on. That
- 18 six months, it's a little different time frame
- 19 than you indicated you use today which is three
- 20 months; is that true?
- 21 A. That's correct, because, again, the
- 22 ISP has adapted their terminology. They didn't
- 23 have a clear terminology for chronic pain and
- 24 moved to adapt a three month terminology.
- 25 Q. Was chronic pain generally considered

- 1 six months or longer back at the time when you
- 2 wrote this article, in your practice?
- 3 A. You know, I think -- well, if I said it,
- 4 I said it. But, I would have to be -- it was
- 5 sort of a common belief perhaps at that time.
- 6 Q. It was your belief at that time.
- 7 A. I guess so, it was my belief at that
- 8 time.
- 9 Q. That's why you said it, I assume?
- 10 A. I think what I am not sure is I would
- 11 have to look at the ISP terminology to see how it
- 12 was being defined. And it's possible I didn't
- 13 reference it so I would have to go back to my
- 14 references. It is possible that I was
- 15 referencing John Benika's (ph) work on the topic
- 16 and he used six months. So I just don't remember
- 17 that.
- 18 Q. On the next column, it talks about --
- 19 and this is sort of at the mid to the bottom of
- 20 the page. It talks about psychological factors
- 21 play an important part --
- 22 A. Right.
- Q. Would you agree that psychological
- 24 factors can play an important part in pain for a
- 25 patient?

- 1 A. Well, the sentence I have there is they
- 2 play an important part in this group of patients.
- 3 Q. I understand. I asked a different
- 4 question.
- 5 A. Okay, so tell me what the question is
- 6 then. I am sorry.
- 7 Q. The question was, do you agree that
- 8 psychological factors can play an important part
- 9 in a patient's pain?
- 10 A. Yes.
- 11 Q. And, would those psychological factors
- 12 include things like emotional factors that may be
- 13 present in a patient's life?
- 14 A. Yes.
- 15 Q. Would those psychological factors
- 16 include social issues that may be present in a
- 17 patient's life?
- 18 A. Yes.
- 19 Q. Would those psychological factors
- 20 include financial issues that may be present in
- 21 the patient's life?
- 22 A. Well, I wouldn't call them psychological
- 23 factors. I would call them financial factors.
- Q. Would financial -- do you believe the
- 25 financial factors can play a role in a patient's

- 1 pain?
- 2 A. They can. Sure, yes.
- 3 Q. And, if you look down here, you talk
- 4 about, in the middle of the paragraph, Saunders,
- 5 you cite, using the phrase total pain, do you see
- 6 that?
- 7 A. Saunders has used the phrase total pain.
- 8 Q. And, do you agree with that concept?
- 9 A. Of total pain?
- 10 Q. Yes.
- 11 A. Yes, I agree with that concept.
- 12 O. And, does that mean that in addition to
- 13 some physiological ideology of pain like a broken
- 14 bone, that somebody could have emotional, social,
- 15 bureaucratic or financial factors that might
- 16 effect how that patient perceives their pain?
- 17 A. Yes, and I would like to use your
- 18 language of factors rather than call them pain.
- 19 I don't think there is such a thing as financial
- 20 pain or spiritual pain. So I don't agree with
- 21 Saunders by using the word pain in that context.
- 22 Q. So, you agree with me?
- 23 A. I agree that there are financial
- 24 factors, psychological factors, social factors,
- 25 yes.

- 1 Q. What does he mean by spiritual pain?
- 2 A. What does Dr. Saunders mean by spiritual
- 3 pain?
- 4 Q. When you wrote this, you cited him but
- 5 you used the word spiritual --
- 6 A. It's not a him, it's a she.
- 7 Q. I'm sorry, you used the word spiritual
- 8 pain. What did she mean or what did you mean?
- 9 A. She means existential distress.
- 10 O. What is existential distress?
- 11 A. The sense of meaning, sense of hope,
- 12 sense of hopelessness that patients might
- 13 experience that can influence their --
- 14 Q. So, in your experience, a patient who
- 15 might have some sort of even spiritual
- 16 hopelessness or hopelessness that might be
- 17 brought about by other factors in their life,
- 18 that might tend to exacerbate their feeling of
- 19 pain or have a factor in their perception of
- 20 pain?
- 21 A. It is a factor in their life and it may
- 22 have an impact on their pain.
- Q. And, these factors we talked about, the
- 24 financial, the spiritual, the emotional, could
- 25 they cause a patient to exacerbate their

- 1 perception of pain they are experiencing?
- 2 A. They may.
- Q. And, these are things I presume that you
- 4 believe that should be taken into consideration
- 5 when one evaluates a patient with pain; is that
- 6 true?
- 7 A. That is correct.
- Q. And, that's done through history?
- 9 A. It's done in a variety of ways but
- 10 taking a history is one way.
- 11 Q. The financial factor we just mentioned,
- 12 would that tend to mean that if a person is in a
- worse financial state or in a poor financial
- 14 state, that that person may have an increased
- 15 perception of their pain?
- MR. HOFFMANN: Object to the form of the
- 17 question. If you can answer it, go ahead.
- 18 THE WITNESS: Could you say the question
- 19 again?
- MR. COLANTONIO: Sure.
- 21 BY MR. COLANTONIO:
- 22 Q. If a person is in poor financial
- 23 condition, would you agree that that poor
- 24 financial condition may be a factor in how that
- 25 person perceives the pain they may be

- 1 experiencing?
- 2 A. No, I don't think I would like to
- 3 describe it that way. It could influence how --
- 4 it clearly could influence the treatment they
- 5 receive. It can clearly influence their ability
- 6 to obtain treatment because they can't pay for
- 7 it. I don't think I have any clear data to say
- 8 that it could influence their perception of pain.
- 9 Q. Well, when you say it's a factor, I
- 10 think you just told me before it was a factor?
- 11 A. It is a factor, yeah.
- 12 Q. But, how is it a factor?
- 13 A. Well, if you can't -- a very classic
- 14 example is a patient can't afford to buy their
- 15 pain medication so they end up in significant
- 16 pain all the time because they can't afford to
- 17 buy it. It's a very real factor because the fact
- 18 that they can't buy their drugs means they stay
- 19 in pain all the time.
- Q. But, that's a factor in the treatment of
- 21 pain. What I am talking about is whether or not
- 22 a financial condition or emotional condition,
- 23 somebody is depressed, somebody is ready to file
- 24 bankruptcy --
- 25 A. Right.

- 1 Q. Isn't it true that that can actually
- 2 cause the patient to feel as though they are in
- 3 more pain than they otherwise might feel?
- 4 MR. HOFFMANN: I object to the form of
- 5 the question.
- 6 BY MR. COLANTONIO:
- 7 Q. Do you understand my question? It's not
- 8 that they can't pay for the prescription. It is
- 9 that the financial condition or the emotional
- 10 distress they have, they are going through
- 11 divorce or something like that, that might cause
- 12 them to perceive more pain than they otherwise
- 13 would?
- MR. HOFFMANN: I object to the form of
- 15 the question.
- 16 BY MR. COLANTONIO:
- 17 Q. You can answer if you can.
- MR. HOFFMANN: You can answer.
- 19 BY MR. COLANTONIO:
- 20 Q. Do you understand what I am asking?
- 21 A. Yes, I mean, I will try to answer but I
- 22 am not sure I can answer it in this construct. I
- 23 don't separate out the treatment aspect from an
- 24 assessment aspect. In a sense, they are very
- 25 very closely tied. And so if a patient has

- 1 financial difficulties, that may influence their
- 2 mood. That may influence their social
- 3 interactions.
- 4 So, I don't think that we have evidence
- 5 that it directly effects their perception of
- 6 pain. I think we have evidence that it
- 7 indirectly effects the experience of pain. And
- 8 so I would rather describe it as an indirect
- 9 experience of pain rather than a specific
- 10 demonstration that it makes them have more pain
- 11 or less pain.
- 12 Q. Now, on page 87 of the article, there is
- 13 a discussion about drug therapy. Do you see
- 14 that, the second column?
- 15 A. I am sorry, which column?
- 16 Q. The second column on page 87.
- 17 A. Okay.
- 18 Q. And, it says non-narcotic agents?
- 19 A. Yes.
- Q. And those would be non-opioid agents, is
- 21 that correct?
- MR. HOFFMANN: No objection, go ahead.
- MR. COLANTONIO: I am sorry, I didn't
- know if you answered the question or not.
- 25 THE WITNESS: So ask me the question.

- 1 BY MR. COLANTONIO:
- Q. Would non-narcotic agents be non-opioid
- 3 agents?
- 4 A. Yes.
- 5 Q. Thank you. It says here non-narcotic
- 6 analgesics are the first line agents for the
- 7 management of mild to moderate cancer pain?
- 8 A. That is correct, um-uh.
- 9 Q. And, back at the time you wrote this,
- 10 would you agree that that would be true for
- 11 non-cancer pain as well, that non-narcotic
- 12 analgesics were the first line agents for the
- management of mild to moderate non-cancer pain?
- 14 A. Yeah.
- 15 Q. Is that true today?
- 16 A. Again, as I describe, there are some
- 17 patients who are unable to take these drugs. And
- 18 these are patients who have -- who are elderly,
- 19 who have renal failure or who have a variety of
- 20 medical indications for why they cannot take it.
- 21 Q. To the extent that a patient does not
- 22 have a contraindication for renal failure or
- 23 something else for non-narcotic analgesics, would
- 24 you agree that even today non-narcotic analgesics
- 25 should be the first line agents for the

- 1 management of mild to moderate non-cancer pain?
- 2 A. I think that because of the evolution of
- 3 our thinking about the distinctions between mild
- 4 to moderate pain, I probably would say that
- 5 across the board that non-opioids are the first
- 6 line of agents for mild pain.
- 7 Q. Okay; and, what about moderate pain?
- 8 A. I think that we have, again, since 1985,
- 9 evolved a series of agents, drugs like tramadol,
- 10 drugs like buprenorphine that are being used and
- one might consider they could be the first line
- 12 agents as well and even low dose oxycodone. And
- 13 so I think there is an evolution of our thinking
- 14 about that, specifically for moderate pain.
- Q. And, what's low dose oxy -- when you say
- 16 low dose, what do you mean?
- 17 A. Five milligrams four times a day.
- 18 Q. Do you believe that in terms of the
- 19 progression of treatment that someone, if they
- 20 have moderate non-cancer pain, that it's best to
- 21 try a non-narcotic analgesic before you go to a
- 22 low dose opioid?
- 23 A. Again, you know, I can't make a blanket
- 24 statement about that. My sense would be that if
- 25 a patient has moderate pain, we should start them

- 1 on a drug that treats moderate pain.
- 2 And one of the difficulties that happens
- 3 to patients who have moderate pain is they are
- 4 given large doses of non-opioids that are
- 5 ineffective. So, one of the clinical problems we
- 6 see is extraordinary side effects from high doses
- 7 of non-opioids that are useful for mild pain but
- 8 don't really fit the moderate pain category. And
- 9 so the patient then is exposed to high doses of
- 10 drugs like I.B. Profen or a variety of
- 11 non-steroidal anti inflammatory drugs that have a
- 12 very significant impact on the patient.
- So that in a patient with moderate pain,
- 14 the WHO and various other quidelines would say
- 15 that those patients could be started on a weak
- 16 opioid.
- 17 Q. A weak opioid being?
- 18 A. Codeine, oxycodone, hydrocodone,
- 19 tramadol, buprenorphine.
- Q. Do you consider OxyContin to be a weak
- 21 opioid?
- 22 A. Everything is related to dose. So
- 23 oxycodone in doses of five milligrams four times
- 24 a day is considered a weak opioid by the WHO.
- Q. So, OxyContin at what, ten milligram

- 1 dosage per 12 hours?
- 2 A. Right, would be considered within the
- 3 weak opioid categories.
- 4 Q. Would you consider OxyContin at 20
- 5 milligram dosage every 12 hours to be a weak
- 6 opioid?
- 7 A. Again, I think that would still fit
- 8 within that category. But I would have to look
- 9 that up, I am not sure. I think it would fit,
- 10 though.
- 11 Q. Where would you look it up?
- 12 A. I would have to see whether -- in the
- 13 studies of comparisons to morphine, since the
- 14 doses of morphine that we use for severe pain
- 15 were 60 milligrams of oral morphine a day, I just
- 16 have to look at the comparisons there.
- 17 Q. So, back in 1985, though, you believe
- 18 this statement was true, that non-narcotic
- 19 analgesics were the first line agents for the
- 20 management of mild to moderate non-cancer pain?
- 21 A. In 1985?
- 22 O. Yes.
- A. That's what I said.
- O. Was it true then?
- 25 A. Yes. But, it's, again, it's a general

- 1 statement with lots of exceptions to it.
- Q. I am just asking you if it was true?
- A. And I think my evolution of thinking
- 4 about this is if patients have moderate pain, we
- 5 should be treating them for moderate pain and not
- 6 ask them to go through other drugs that are
- 7 inappropriate.
- 8 Q. And, I don't know if you answered my
- 9 question and I don't mean to keep asking the
- 10 question --
- 11 A. Okay.
- 12 Q. But, do you agree with me that the
- 13 statement, the general statement that
- 14 non-narcotic analgesics were the first line
- 15 agents for the management of mild to moderate
- 16 non-cancer pain, that was true in 1985?
- 17 A. I think that I would -- that was what I
- 18 said in 1985. I think my evolution of thinking
- 19 about this is that I would change that sentence
- 20 and it would read non-narcotic analgesics are the
- 21 first line agents for the management of mild
- 22 cancer pain.
- Q. And, the last part of that paragraph
- 24 says, in contrast to narcotic analgesics,
- 25 non-narcotic agents do not cause tolerance or

- 1 physical dependence?
- 2 A. That is correct.
- Q. That's as true today as it was in 1985?
- 4 A. That's -- yeah. Yes.
- 5 Q. Narcotic analgesics can cause physical
- 6 dependence, correct?
- 7 A. I am sorry?
- 8 Q. Narcotic analgesics can cause physical
- 9 dependence?
- 10 A. Yes.
- 11 Q. And, would you agree with me that there
- 12 are many patients who might consider physical
- 13 dependence to be addiction?
- MR. HOFFMANN: Object to the form of the
- 15 question. Answer it, if you can.
- 16 BY MR. COLANTONIO:
- 17 Q. Do you understand my question?
- 18 A. Well, most patients don't know what
- 19 physical dependence is so --
- 20 Q. That's another way of me asking the
- 21 question, I quess. Do you agree with me that
- 22 most patients don't have a good understanding of
- 23 what physical dependence is, the way you would
- 24 explain it?
- 25 A. Well, first of all, every patient that I

- 1 start on a narcotic, I explain to them what
- 2 physical dependence is. So --
- Q. Well, and that's fair enough. If your
- 4 understanding of what patients might perceive
- 5 would be limited to just your practice, that's
- 6 fine. We have talked a little about this and I
- 7 think you would agree with me that there is
- 8 confusion out there among even physicians about
- 9 the terms physical dependence, addiction,
- 10 psychological dependence, things like that, is
- 11 that true?
- 12 A. Yes, there is.
- Q. Would you agree with me that if
- 14 physicians are confused about that, it might be
- 15 fair to assume that patients would also be
- 16 confused about those terms?
- 17 A. That's true, yes.
- 18 Q. And, wouldn't you -- you have dealt with
- 19 a lot of patients in your practice; haven't you?
- 20 A. Yes.
- 21 Q. And, you have perceived how patients
- 22 perceive their disease process and medications
- 23 and things like that. You have had a lot of
- 24 experience doing that; haven't you?
- 25 A. That is correct.

- 1 Q. And, wouldn't you agree with me that
- 2 based upon your own experience with patients that
- 3 most patients would equate the kinds of things
- 4 that happen when you have physical dependence,
- 5 withdrawal, they would equate those kinds of
- 6 things with the concept of addiction?
- 7 A. You know, I don't think I would agree
- 8 with that part. I think patients don't know what
- 9 is happening when, let's say, they are in
- 10 withdrawal so they report the phenomenon of
- 11 withdrawal. So, in that setting, again --
- 12 Q. Then you explain it to them -- I am
- 13 sorry, I didn't mean to interrupt you.
- MR. HOFFMANN: You can go ahead and
- finish your answer, if you haven't.
- 16 THE WITNESS: In that setting, that we
- tell patients that if they take and are
- 18 placed on a narcotic on a chronic basis, that
- they can't simply stop the drug, that they
- 20 have to be tapered off it because they
- develop what's called a physical dependency.
- 22 And so that's part, again, of explaining that
- to the patient.
- 24 BY MR. COLANTONIO:
- 25 Q. And, you would agree that physical

- 1 dependence can be an adverse consequence to a
- 2 patient taking an opioid?
- 3 A. I don't think -- if patients are taking
- 4 their medication as prescribed and have effective
- 5 treatment for their pain and tapered off their
- 6 drug, they never even know what physical
- 7 dependence is. So it's not an adverse effect for
- 8 them.
- 9 Q. Do you know any patients who have ever
- 10 reported physical dependence?
- 11 A. They have -- I have had patients who for
- 12 some reason or other stopped taking their drug
- and developed signs and symptoms of withdrawal.
- 14 And they report the nervousness and irritability
- 15 but -- they report those symptoms, yes.
- 16 Q. And, you know what physical dependence
- 17 can cause in a patient as far as withdrawal?
- MR. HOFFMANN: Object to the form of the
- 19 question.
- 20 BY MR. COLANTONIO:
- 21 Q. I mean, do you understand what types of
- 22 things withdrawal can cause in a patient?
- 23 A. There is a characteristic syndrome of
- 24 withdrawal that depends on the drug that the
- 25 patient is taking. And so in that setting, the

- 1 patient can experience a variety of symptoms.
- 2 O. Like what?
- 3 A. Nausea, increased pain, sweating,
- 4 increased blood pressure.
- 5 Q. Vomiting?
- 6 A. Some can vomit.
- 7 Q. If that occurs to a patient, those are
- 8 --
- 9 A. Those would be discomforting to the
- 10 patient.
- 11 Q. I will use the word discomforting.
- 12 Would you agree that the possibility of physical
- 13 dependence might be a reason for a physician to
- 14 try non-narcotic analgesics as a first line agent
- in the management of mild to moderate non-cancer
- 16 pain?
- 17 A. Again, I think that the -- how a
- 18 physician chooses an analgesic regimen should be
- 19 first dependent on the intensity of pain. So,
- 20 the first rule and the quidelines that every
- 21 group has written, from the WHO to the American
- 22 Pain Society, is that in the choice of an
- 23 analgesic regimen for a patient, one starts with
- 24 the intensity of pain.
- 25 Q. And, that's the patient's report of

- 1 pain?
- 2 A. That's the patient's report of pain and
- 3 then the physician's assessment of the validity
- 4 of that and the association of that with a
- 5 variety of other factors.
- 6 Q. Okay; getting back to this article, you
- 7 wrote here at the end that paragraph where it
- 8 says, non-narcotic agents, in contrast to
- 9 narcotic analgesics, non-narcotic agents do not
- 10 cause tolerance or physical dependence?
- 11 A. That is correct.
- 12 Q. Why were you writing that in the same
- 13 paragraph that you wrote non-narcotic analgesics
- 14 are the first line of defense in the management
- 15 of mild to moderate --
- 16 A. It's just an important piece of
- 17 information that doctors would want to know.
- 18 It's obvious too, it's well-known.
- 19 Q. It's well-known but in writing that in
- 20 the same paragraph that you wrote non-narcotic
- 21 analgesics are the first line agents, wasn't that
- 22 intending to say, one of the reasons why they are
- 23 the first line agents is because in contrast to
- 24 narcotic analyesics, non-narcotic analyesics do
- 25 not cause physical tolerance, dependency?

- 1 A. No, it had nothing to do with that.
- Q. It's in the same paragraph?
- A. Yeah, it's a very vital important piece
- 4 of information that doctors would want to know
- 5 about the drug and it's unrelated to the first
- 6 sentence.
- 7 Q. If you go to the next page which is page
- 8 88, on the bottom of the left column, the last
- 9 paragraph there, it starts out, traditionally the
- 10 narcotic analgesics have been used to manage
- 11 acute pain. Long term use has been discouraged
- 12 because of development of tolerance, physical
- 13 dependence and psychological dependence and that
- 14 was true in 1985; is that correct?
- 15 A. That was very true in 1985.
- 16 Q. Is that very true today?
- 17 A. No, that is not. That's where the
- 18 really major difference has occurred in the whole
- 19 field of pain management.
- 20 Q. Because what is happening today is
- 21 people were using narcotic analgesics more than
- 22 they did in 1985 to treat chronic long term pain;
- 23 is that correct?
- 24 A. I don't -- could you say that again for
- 25 me?

- 1 Q. Well, it says here long term use has
- 2 been discouraged. This is in 1985?
- 3 A. Right.
- 4 Q. And, is long term use being encouraged
- 5 today, is that the difference?
- 6 A. Long term use has been discouraged
- 7 because of the development of tolerance, physical
- 8 dependence and psychological dependence. What
- 9 has happened since 1985 is rather extraordinary.
- 10 We have had this opportunity for what one might
- 11 call a natural experiment where in the setting of
- 12 patients with cancer pain, we have had this
- opportunity to use chronic opioid therapy.
- And what we have seen is that tolerance
- 15 is not a significant problem. Physical
- 16 dependence was not a significant problem nor was
- 17 psychological dependence. So we have now this,
- 18 let's say, 19 year experience of large doses of
- 19 opioids being given to large populations of
- 20 patients, many of whom are still alive today, in
- 21 which tolerance was not a problem, physical
- 22 dependence was not a problem and psychological
- 23 dependence.
- 24 So that's the first opportunity in
- 25 medicine that we have ever had to give chronic

- 1 opiate therapy to a large population around the
- 2 world and show that these kinds of phenomenon
- 3 that were attributed to opioids and described in
- 4 an addict population didn't happen in a chronic
- 5 medically ill population.
- Q. Are there studies that you are referring
- 7 to?
- 8 A. These are published studies, yes.
- 9 Q. What published studies are you referring
- 10 to?
- 11 A. I have written a series of papers on the
- 12 constructive tolerance and on the -- so there are
- 13 studies that we have written on and given case
- 14 demonstrations of patients who remained on stable
- doses of opioids for long periods of time without
- 16 dose escalation. So that's one study.
- 17 Q. Is that the 38 case study?
- 18 A. No, it was not that study. That was in
- 19 non-cancer pain but it is in a series of books
- 20 and I can read it off my CV for you.
- 21 From the psychological dependence which
- 22 is the language that I was using to describe
- 23 addiction because that's how the WHO uses that
- 24 language, Charles Cleland has demonstrated that
- 25 between 1990 and 1996, with a dramatic increase

- 1 of availability of Morphine around the world and
- 2 specifically in the United States, there was no
- 3 increased incidence of abuse of the drug. So
- 4 that was another very very strong association
- 5 with demonstrating that abuse did not occur.
- 6 Q. Now, you just used, in terms of talking
- 7 about psychological dependence, the word abuse.
- 8 Is there a relationship between abuse and
- 9 addiction?
- 10 A. Yes, there is.
- 11 Q. And, that relationship is what?
- 12 A. Unclear, no one fully understands what
- 13 the relationship is. There appears to be a
- 14 relationship.
- 15 Q. But, you do believe, as you sit here
- 16 today, based upon your background, training and
- 17 experience, there is some relationship, yet
- 18 undefined, between abuse and addiction?
- 19 A. I quess to answer that question, I would
- 20 have to know what you mean by abuse.
- Q. Well, I will ask you.
- 22 A. What I mean by abuse?
- Q. What do you mean by abuse? I would
- 24 think that abuse would be using a drug in a way
- 25 that is not prescribed. Is that too simplistic?

- 1 A. Well, that talks about a patient issue.
- 2 If we talk about it as a societal issue, it means
- 3 that the drug is being sold in an elicit market.
- 4 So, Dr. Cleland looked at the issue of the drug
- 5 being sold in an elicit market and demonstrated
- 6 that there was not.
- 7 Q. But, do you agree that abuse can also
- 8 occur in the context of a prescription in that
- 9 patient?
- 10 A. Yes, it can.
- 11 Q. Again, getting back to my question,
- 12 would you agree that there is some relationship
- 13 between drug abuse and drug addiction or drug
- 14 psychological dependence?
- 15 A. Well, some people -- I mean, yes.
- 16 Q. And, do you equate psychological
- 17 dependence with addiction?
- 18 A. I do.
- 19 O. They are synonymous in your mind?
- 20 A. For me they are synonymous.
- 21 Q. In the next paragraph, this is on the
- 22 right column --
- 23 A. Um-uh.
- Q. First full paragraph down the page, it
- 25 says because of the misconception by both

- 1 clinicians and patients, the physical dependence
- 2 and addiction are interchangeable terms. I think
- 3 that's what we were talking about a little bit
- 4 here before, that both clinicians or physicians
- 5 and patients often confuse physical dependence
- 6 and addiction.
- 7 Was that -- when you wrote that
- 8 statement, was that something you believed in
- 9 1985?
- 10 A. Yeah, it was very common in 1985. I
- 11 think it's again much improved now because there
- 12 has been such an extraordinary amount of
- 13 education related to this whole discussion.
- 14 Q. I am not trying to interrupt. I will
- 15 let her finish and if I ever try to interrupt,
- 16 please tell me to stop. That's not my intention.
- 17 A. It's not my intention to tell you what
- 18 to do.
- 19 MR. HOFFMANN: It is mine.
- MR. COLANTONIO: You can suggest it.
- 21 BY MR. COLANTONIO:
- 22 Q. But, are there any -- are you aware of
- 23 any studies that have looked at the issue of how
- 24 patients confuse or don't confuse physical
- 25 dependence and addiction?

- 1 A. Well, there are studies that demonstrate
- 2 that one of the barriers to patients taking
- 3 opioid analgesics is their concern that they will
- 4 become an addict, okay.
- 5 Q. And, that's true today, right, as far as
- 6 you are aware?
- 7 A. Except, again, since the studies were
- 8 done in the eighties and have subsequently been
- 9 repeated, the concern about addiction seems to be
- 10 dropping down specifically. When it was one or
- 11 two in patient's minds, it is now moving down to
- 12 four or five as patients become more
- 13 understanding and have greater expectations for
- 14 treatment of their pain.
- 15 Q. And, where do you believe the patients
- 16 have gotten this, have gotten the information
- 17 that has caused this change? Would it be from
- 18 physicians?
- 19 A. If you look at the field of pain
- 20 research from 1974 to the present time, the
- 21 International Association for the Study of Pain
- 22 which had, you know, 300 members in 1974 and now
- 23 has 8,000 members, the number of pain services
- 24 throughout the country has dramatically
- 25 expanded. Research in pain has dramatically

- 1 expanded. Attention to pain as a serious public
- 2 health issue has dramatically expanded.
- 3 The World Health Organization has
- 4 promulgated very strongly the need for better
- 5 treatment for pain and for the distinction. The
- 6 International Narcotics Control Board has put out
- 7 a variety of guidelines. The American Medical
- 8 Association, the American Academy of Neurology,
- 9 the Academy of Family Physicians, have all done
- 10 elaborate educational programs because pain is
- 11 seen as a serious issue.
- 12 And, most importantly now, the JCAH has
- 13 demanded that as part of an accredited hospital
- 14 system, the pain must be assessed and these
- 15 educational materials are now in all hospitals.
- 16 Institutional quality improvement programs are
- 17 occurring in hospitals or around the country as
- 18 we speak.
- 19 So, there has just been this
- 20 extraordinary explosion of a pain science and
- 21 pain research and pain experts who are focusing
- 22 on trying to develop better treatment. So that's
- 23 where it has come from.
- Q. But, most patients don't go around
- 25 reading World Health Organization statements and

- 1 these kinds of papers. Would you agree that the
- 2 information that the patients are getting to
- 3 change their perceptions would come from
- 4 physicians or drug companies when they get
- 5 prescriptions?
- A. Well, they come, also, I think
- 7 importantly, they come from the American Cancer
- 8 Society. They come from the American Pain
- 9 Foundation. They come from a variety of sources
- 10 that are not from the pharmaceutical industry as
- 11 well.
- 12 Q. But, the pharmaceutical industry would
- 13 be one source?
- 14 A. No question, the pharmaceutical industry
- is a source of that, sure.
- 16 Q. To the extent that the pharmaceutical
- 17 industry conveys information to physicians and
- 18 then physicians convey that information to
- 19 patients, that would be another source of
- 20 information about these issues?
- 21 A. That's potentially another source. But
- 22 I think I must say that really the JCOAH, as an
- 23 example, every patient who enters the hospital or
- 24 every patient who is in a nursing home or seen in
- 25 an outpatient facility has to have their pain

- 1 measured. And that institution has to tell the
- 2 patient that they have a right to pain management
- 3 and that institution has to tell the patient what
- 4 their options for treatment are.
- 5 So that kind of material is coming very
- 6 much out of an institutional health care system
- 7 approach. The agency for health care quality and
- 8 research has developed guidelines that have been
- 9 widely disseminated to patients. So there is an
- 10 extraordinary amount of government and
- 11 non-partisan, non-biased information available.
- 12 Q. If you look at page 88, on the right
- 13 hand column -- this is about mid page.
- 14 A. Um-uh.
- 15 Q. And, the paragraph that starts, the long
- 16 term use of narcotic analgesics --
- 17 A. Um-uh.
- 18 Q. -- administered orally, down about ten
- 19 or 12 lines or so, there is a sentence there that
- 20 says drug use is not the sole factor in the
- 21 development of psychological dependence. Do you
- 22 see that?
- 23 A. Yes.
- 24 Q. And, you believed that in 1985, is that
- 25 correct?

- 1 A. Yes, I do. I still believe it now.
- 2 Q. Then it says psychological, social and
- 3 economic factors also play a part. Do you see
- 4 that?
- 5 A. Yes.
- Q. And, you believed that in 1985; is that
- 7 correct?
- 8 A. That is correct.
- 9 Q. And, you believe that today, is that
- 10 correct?
- 11 A. I do, yes.
- 12 Q. And, psychological dependence as used in
- 13 that sentence is synonymous with addiction; is
- 14 that correct?
- 15 A. Yes, that is correct.
- 16 Q. I would like to show you another article
- 17 or paper that I believe that you authored with
- 18 Russ Portenoy, if you could take a look at that?
- 19 A. Um-uh.
- 20 O. This article looks to be around 1985.
- 21 Is that true?
- 22 A. Yes, um-uh.
- Q. And, this article is titled chronic use
- 24 of opioid analysics in non-malignant pain, a
- 25 report of 38 cases?

Page 73 1 Α. Right. 2. MR. HOFFMANN: Excuse me, Mark, you 3 haven't been marking any of these exhibits to 4 the deposition. I haven't. 5 MR. COLANTONIO: MR. HOFFMANN: I would like to have them 6 7 marked. So can we go back and mark the article that she talked to just a minute ago 8 as Exhibit 1 and then this one as 2? 9 MR. COLANTONIO: We will mark a clean 10 copy up to 47, how's that? 11 12 MR. HOFFMANN: That's fine. 13 (Whereupon, Plaintiff's Exhibits 1 and 2 were marked for identification.) 14 15 MR. COLANTONIO: He has about three 16 minutes left on the tape. 17 MR. HOFFMANN: So why don't we take a break. 18 19 MR. COLANTONIO: Yeah, let's do that. 20 THE VIDEOGRAPHER: Going off the record, 21 9:25, end of tape number one. 22 (Whereupon, a brief recess was taken.) 2.3 THE VIDEOGRAPHER: Returning to the record, 9:40 a.m., beginning of tape number 24 25 two.

- 1 BY MR. COLANTONIO:
- 2 Q. If you can look at the article in front
- 3 of you now, we will mark that as Exhibit 2.
- 4 That's the -- the title is chronic use of opiate
- 5 analgesics in non-malignant pain, report of 38
- 6 cases. Do you see that?
- 7 A. Yes.
- 8 Q. And, you were a co-author of that
- 9 article; is that correct?
- 10 A. That is correct.
- 11 Q. And, this was back in 1985; is that
- 12 true?
- 13 A. Yes.
- 14 Q. This is while you were at Sloan-
- 15 Kettering; is that right?
- 16 A. Right. I have only been at Sloan-
- 17 Kettering.
- 18 Q. That's probably a poor way to phrase the
- 19 question. If you would look back at page 183,
- 20 there is a section that talks about quidelines.
- 21 Do you see that?
- 22 A. Yes. Well, quidelines, okay.
- Q. Do you see that?
- 24 A. Yes.
- Q. As I read this, this appears to me to be

- 1 sort of a summary of quidelines that were
- 2 proposed by you for the use of opioid maintenance
- 3 therapy at that time. Is that a fair reading of
- 4 that or --
- 5 A. Well, this is a paper of individual
- 6 cases in which we then said we were proposing how
- 7 you might think about developing quidelines, you
- 8 know. I don't think two doctors can develop
- 9 quidelines, necessarily.
- 10 Q. But, you were proposing some guidelines,
- 11 I presume?
- 12 A. That is correct, yes.
- 13 Q. Based upon your experience with
- 14 patients?
- 15 A. That is correct.
- 16 Q. All right; the first sentence under
- 17 quidelines says, opioid maintenance therapy
- 18 should be considered only after all reasonable
- 19 attempts at pain control have failed and
- 20 persistent pain is the major impediment to
- 21 improve function?
- 22 A. Um-uh.
- Q. And, that was true in 1985. That was
- 24 your thought in 1985; is that true?
- 25 A. That was what we thought in 1985.

- 1 Q. And, do you still think that today?
- 2 A. Again, this is all evolving because, as
- 3 I said in 1985, we didn't have treatments we have
- 4 now for patients with pain. So we didn't have in
- 5 1985 spinal cord stimulators. We didn't have
- 6 interphecal (ph) opioids. We didn't have
- 7 documented drugs like Neurontin. We didn't have
- 8 a variety of other approaches. So the sort of
- 9 technology of treating pain has changed.
- And at the same time, we still didn't
- 11 have the experience that we have now with opioids
- 12 in 1985. So, what's evolved is that, all
- 13 reasonable attempts at pain control have failed
- 14 would imply that the patient had to have every
- 15 one of them.
- And I think we are coming to recognize
- 17 that patients should not have nerve blocks unless
- 18 they need them. Whereas in 1985 it was believed
- 19 that they should be sent off for nerve blocks,
- 20 that they shouldn't have surgery -- that they
- 21 should try surgery or cordotomy before you tried
- 22 opioids.
- 23 And what has evolved now is that those
- 24 procedures such as cordotomy which one of these
- 25 patients had or nerve blocks that some of these

- 1 patients had would not necessarily have to be
- 2 tried because they weren't really indicated. So
- 3 the state of the science of pain management is so
- 4 evolving and so different that I think we are
- 5 focusing on saying that patients -- that opioid
- 6 maintenance therapy should be instituted but not
- 7 as a last resort.
- 8 And, this has now been taken into the
- 9 intractable pain laws and why intractable pain
- 10 laws now as well as in the State of West Virginia
- 11 say that the patient doesn't have to have all
- 12 attempts, they have to be reasonable attempts.
- 13 And so I think I might take out the word all.
- 14 Q. But, if you take out the word all, that
- 15 statement would be true today, that is, opioid
- 16 maintenance therapy should be considered only
- 17 after reasonable attempts at pain control have
- 18 failed and persistent pain is the major
- 19 impediment to improved function?
- 20 A. I think I would add more to that and
- 21 that is that the cause of the pain can't be
- 22 treated because that's how the intractable pain
- laws have been written. So, I think the language
- 24 in the intractable pain laws, which I think West
- 25 Virginia has adapted a good one, would fit.

- 1 Q. But, certainly a reasonable attempt at
- 2 controlling pain would be the use of non-opioid
- 3 medication?
- 4 A. Absolutely not.
- 5 Q. Absolutely not?
- 6 A. Absolutely not.
- 7 Q. You think that the use of a non-opioid
- 8 medication is an inappropriate, unreasonable way
- 9 to attempt to control pain?
- 10 A. I do because if a patient has severe
- 11 pain, you would not give them a non-opioid. That
- 12 would be an inappropriate choice.
- Q. What if they have mild pain?
- 14 A. If they have mild pain, it would be an
- 15 appropriate choice. If they have mild to
- 16 moderate pain, it would not necessarily be an
- 17 appropriate choice.
- 18 And, if they took non-opioids and it
- 19 failed -- but this is a misconception that is of
- 20 great concern to me. There is a belief that
- 21 every patient has to start with a non-opioid and
- 22 then go to an opioid. And the WHO ladder was not
- 23 conceived like that. It was identify the patient
- 24 on the intensity of pain and treat them with the
- 25 drug for that intensity of pain, so --

- 1 Q. I am sorry, are you finished?
- 2 A. No, I am not finished. So that if a
- 3 patient has severe pain, it would be
- 4 inappropriate therapy to give them a non-opioid.
- 5 Q. So, this statement you made in 1985
- 6 simply just doesn't fit in today's --
- 7 A. That's not what I said. My statement
- 8 here is I would say that I would take out the
- 9 word all reasonable. I would just say reasonable
- 10 attempts. And that I would, again, because of
- 11 the evolution, I would go more strongly with how
- 12 the intractable pain laws have thought about
- 13 this, is the sense of that you have -- that you
- 14 are unable to treat the cause and that reasonable
- 15 attempts at treatments have failed.
- 16 Q. You are talking about intractable pain.
- 17 Let's talk about mild to moderate pain, do you
- 18 think it --
- 19 A. Intractable pain can be mild, moderate
- 20 or severe.
- Q. I am sorry, I didn't finish my
- 22 question. If you would let me finish my
- 23 question, give me that courtesy. I will give you
- 24 the same courtesy to finish your answer.
- 25 A. I am sorry.

- 1 Q. In terms of mild to moderate pain, would
- 2 you agree that a reasonable attempt at
- 3 controlling that pain would be using a
- 4 non-opioid?
- 5 A. For mild pain, yes.
- 6 O. There is another sentence here under
- 7 guidelines on the next paragraph, it says the
- 8 committed involvement of a single physician who
- 9 will evaluate ongoing medical and psychological
- 10 problems as well as pain related issues should be
- 11 available before institution of opioid
- 12 maintenance therapy is considered. Do you see
- 13 that?
- 14 A. Yes.
- 15 Q. And, that was true in 1985; right?
- 16 A. Um-uh.
- 17 Q. Is that true today?
- 18 A. Yes, it is, except that because so many
- 19 people practice in a group practice or in a pain
- 20 clinic, I could say the committed involvement of
- 21 a pain treatment program, of a physician group
- 22 would be -- who knew the patient and followed the
- 23 patient, would be it. So it wouldn't have to be
- 24 a single physician, it could be a group of
- 25 physicians.

- 1 Q. You would agree it is kind of difficult
- 2 for an emergency room physician to follow a
- 3 patient because they see them in an emergency
- 4 room setting?
- 5 A. I would agree with that.
- 6 O. And, that's also true sometimes for
- 7 primary care physicians, like family doctors,
- 8 because often times they might see a patient once
- 9 or twice and they might refer them to somebody
- 10 else?
- 11 A. I don't think I could comment on that.
- 12 It seems if they are a family doctor, then they
- 13 are the family doctor and they see them all the
- 14 time.
- 15 Q. If you go to the next page, page 184,
- 16 still under guidelines, the top of the page,
- 17 first full sentence says, since many patients
- 18 with non-malignant pain can achieve only partial
- 19 relief from opioid drugs, while others obtain
- 20 none, a physician must be able to make the
- 21 clinical judgment that higher doses will not be
- 22 solitary or the treatment should be stopped all
- 23 together. Now, what did you mean by that?
- 24 A. Again, this was sort of an evolving
- 25 construct. This paper was written -- do you want

- 1 to hear all this?
- Q. I actually just want to know what you
- 3 meant by it and then I could ask you -- and if
- 4 you need to explain the whole history of it to
- 5 answer my question, I suppose you can do that.
- 6 A. I think I do, okay. This paper was
- 7 written at a time that it was believed that there
- 8 were certain types of pain that were resistant to
- 9 opioid drugs and that was an evolving belief.
- 10 And patients in this population were patients
- 11 that would be then categorized as resistant to
- 12 opioids.
- And that we then went on, Dr. Portenoy
- 14 and I, and Dr. Teresi (ph) to write a paper and
- 15 do studies looking at a concept of opioid
- 16 responsiveness. And so what we promulgated was a
- 17 concept that there is a continuum of opioid
- 18 response. So, if you just give a set dose of
- 19 drug to a patient, they may not respond. But if
- 20 you increase the dose, the patient would obtain
- 21 analgesia.
- This sentence is describing these
- 23 patients in this paper who only had partial
- 24 relief and we had to make a decision should we
- 25 try a higher dose to see if they obtain more

- 1 relief or should we stop their drug because it is
- 2 ineffective. That was what this is bringing up,
- 3 a real clinical issue.
- And, so, we have gone on to give higher
- 5 doses of drugs to patients in a study paradigm
- 6 and show that they did in fact respond. And that
- 7 this concept of opioid responsiveness is a
- 8 continuum and the limiting factor is the
- 9 patient's ability to not only obtain analgesia
- 10 but to have significant side effects.
- 11 Q. One of those side effects might be
- 12 physical dependence?
- 13 A. No, the side effects would be sedation.
- 14 The side effects would be nausea and vomiting,
- 15 confusion, delirium, those kinds of side effects.
- 16 Q. The next sentence, one of the next
- 17 sentences down here in the paragraph says, the
- 18 appropriate management of opioid maintenance
- 19 requires the patient be given fully informed
- 20 consent. Do you see that?
- 21 A. Yes, that the patient gives fully
- 22 informed consent.
- Q. And that's true today; correct?
- 24 A. Again, there are some state guidelines
- 25 that say patients should have a fully informed

- 1 consent and there are others that do not. I
- 2 think all of the quidelines that are now being
- 3 written for the management of patients with
- 4 non-malignant pain suggest that the patient be
- 5 fully informed. Whether the patient actually
- 6 signs a consent form or has a contract with the
- 7 physician is still very debatable.
- 8 Q. And, this sentence doesn't talk about a
- 9 contract, the next one, does it. I am just
- 10 asking you if you believe today and would agree
- 11 that a patient should be given fully informed
- 12 consent before being placed on an opioid?
- 13 A. But, I think the sentence says that the
- 14 patient gives fully informed consent. You are
- 15 using given, I am just --
- 16 Q. Doesn't the patient have to be given it
- 17 to actually give it, I mean --
- 18 A. Then the doctor gives the information so
- 19 I am just reading what we wrote.
- 20 O. Let's look --
- 21 A. So, this is what I wrote.
- 22 Q. I am not trying to complicate it.
- 23 A. Fine, but I am just --
- Q. And, sometimes I quess my questions
- 25 might sound simplistic. I am just trying to

- 1 understand what you meant by this.
- The sentence says, the appropriate
- 3 management of opioid maintenance requires that
- 4 the patient gives fully informed consent. And
- 5 you agree that that's also true today. Whether
- 6 it is required by some state law or not, you
- 7 agree that the patient should still today give
- 8 fully informed consent?
- 9 A. Yes.
- 10 Q. And, would you agree that part of giving
- 11 fully informed consent means the patient has to
- 12 have enough information given to them to give
- 13 fully informed consent?
- 14 A. Yes.
- 15 Q. And, part of the obligation of doing
- 16 that rests on the part of the drug manufacturer;
- 17 true?
- 18 A. It would seem to me that it only rests
- on the physician who prescribes the drug.
- 20 Q. Well, isn't it an obligation though --
- 21 the physician is the one who is there treating
- 22 the patient, giving information to the patient.
- 23 But don't you agree that the drug manufacturer
- 24 has an obligation to provide the physician with
- 25 the information that will enable the physician to

- 1 give the patient informed consent?
- 2 A. I think I see it residing with the
- 3 physician, however the physician gets this
- 4 because he could get it from the government. He
- 5 could get it from JCOAH. He doesn't have to get
- 6 it from the drug company. I would hope he didn't
- 7 get it from the drug company. I hope he got it
- 8 from a lot of other sources.
- 9 Q. So, you don't believe that the drug
- 10 manufacturer plays any role or has any
- 11 responsibility to provide physicians with
- 12 information in this process of insuring that
- 13 patients give fully informed consent for opioid
- 14 treatment?
- 15 A. I think the physician is the person who
- is responsible when he writes the prescription.
- 17 Q. I understand what you are saying but
- 18 that's not really my question.
- 19 A. Okay.
- Q. My question is don't you agree that the
- 21 manufacturer has an obligation to provide the
- 22 physician with the information so the physician
- 23 can then give it to the patient?
- 24 A. Well, I think that's -- I don't want to
- 25 say that it's a responsibility. It's the

- 1 responsibility of the physician to know about the
- 2 drug that they prescribe and they can use a
- 3 variety of sources.
- 4 Q. Well, I understand that. A physician
- 5 can read. A physician can get different sources
- 6 but don't you think the manufacturer plays a part
- 7 in that?
- 8 A. The manufacturer plays a part in making
- 9 sure that the information that is appropriate has
- 10 been approved by the FDA so that the physician
- 11 can rely on what the FDA has said about the drug.
- 12 Q. Do you believe the manufacturer should
- 13 provide the physician with fairly balanced
- 14 information about a drug?
- 15 A. I do, yes.
- 16 Q. And, a manufacturer shouldn't misstate
- 17 or misrepresent information about a drug to a
- 18 physician. Do you agree with that?
- 19 A. I agree with that.
- Q. Now, the next sentence in your page 184
- 21 of your article talks about this article from
- 22 Tennant & Olman?
- 23 A. Yes.
- Q. And, they recommend written, formal
- 25 written consent be obtained or a detailed

- 1 notation made in the patient's chart which
- 2 documents that the patient has failed
- 3 non-narcotic therapy and enters knowingly into a
- 4 trial opioid maintenance?
- 5 A. Right.
- 6 Q. Did you cite that because you cited that
- 7 with approval at that time in 1985?
- 8 A. I am sorry, I cited it because it was in
- 9 the literature and I cite things that are in the
- 10 literature whether I agree with them or not.
- 11 Q. There were a lot of things in the
- 12 literature in 1985. I presume there were lots of
- 13 journals out there but you picked this particular
- 14 citation and this sentence to put in your article
- 15 which is only, I don't know, 15 pages long. You
- 16 didn't pick out other citations.
- So, I presume that means that you agreed
- 18 with that. Is that wrong? And this is in the
- 19 quidelines section.
- 20 A. That's incorrect. It is not anything
- 21 about agreeing with it. We were in a very
- 22 unbiased way writing about what was in the
- 23 literature and there weren't ten or 15 or 40
- 24 other articles. There were very few and you can
- 25 see why there were very few referenced.

- 1 So these were people who had the
- 2 experience of treating patients with chronic
- 3 non-malignant pain and this was their suggestion.
- 4 Q. Did you disagree with that in 1985?
- 5 A. We are just -- I was not in a position
- 6 to agree or disagree. We were telling -- we were
- 7 giving suggestions of what people had suggested.
- 8 Q. And I understand that.
- 9 A. So that's all I can say.
- 10 Q. I fully understand that but I am asking
- 11 you a different question, now. I am asking you
- 12 if you agree or disagreed with that in 1985;
- 13 that's all?
- 14 A. I didn't have to agree or disagree with
- 15 that. I was just describing it.
- 16 Q. I understand you were describing it and
- 17 writing it. I am just asking you if you
- 18 disagreed with that?
- 19 A. I think that I have concerns about the
- 20 use of contracts with patients.
- Q. And, your concerns are what?
- 22 A. And they are very serious, is that it
- 23 seems that we are wanting to make contracts for
- 24 poor people and minorities and not for white
- 25 people at major academic centers. So that sickle